



Dr. Sharma
drsharma.ca

“*Stop* being
a *yo-yo*”

Friday,
April 4, 2014
7:00 pm

Seton Auditorium at
Mount Saint Vincent University
166 Bedford Highway
Halifax, Nova Scotia, B3M 2J6

**A light-hearted look at the ups
and downs of weight loss**

If you or someone you care about is struggling with excess weight, here is your chance to join Canada's leading obesity expert Dr. Arya Sharma, for an entertaining evening on debunking obesity myths and learning about the latest science on what works and what doesn't.

“With 12,000 ‘likes’ on Facebook and 5,000 followers on Twitter – I must be saying something that people are not hearing elsewhere”

- **Dr. Sharma**

Tickets available at www.drsharma.ca or at the door for \$12/ticket (cash only). All proceeds go to support the Canadian Obesity Network.

obesitynetwork.ca

